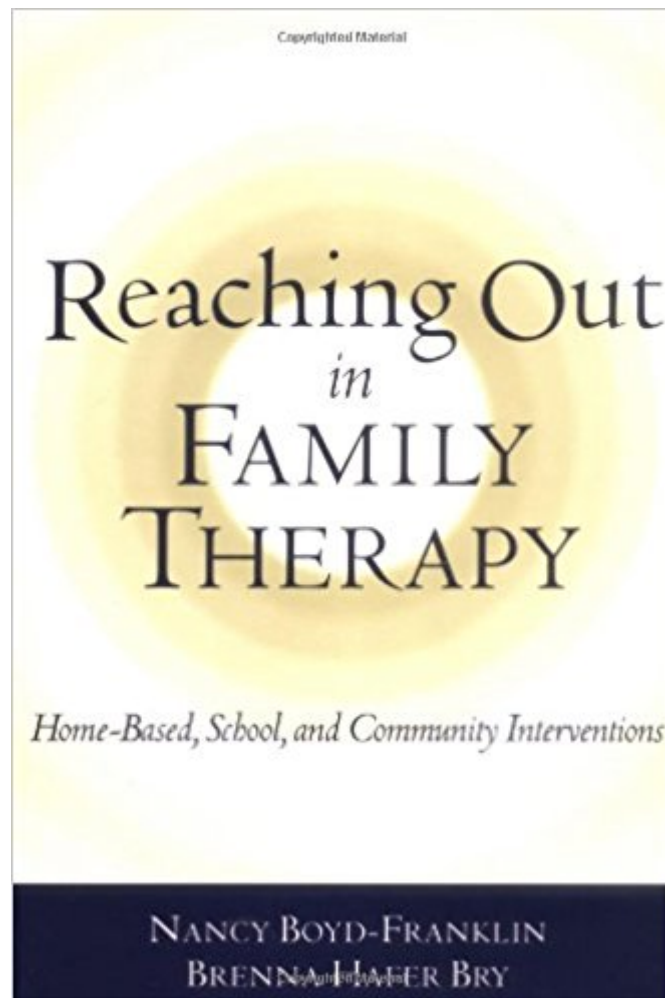




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# Reaching Out In Family Therapy: Home-Based, School, And Community Interventions



## Synopsis

This volume provides the skills practitioners need to conduct family therapy sessions in the home, school, and community. The authors demonstrate how meetings outside of the traditional office setting can enable therapists to intervene actively in the various systems that affect clients' lives. This multisystems approach can be particularly useful when working with poor and ethnic minority families, whose support networks may include extended family, school personnel, and members of the "church family." Practitioners learn how to utilize out-of-office sessions to meet the people who are influential in clients' lives; observe the life realities of children, adolescents, and parents; and identify resources that can be mobilized to produce change. Detailed strategies are presented to help families navigate the overlapping demands of multiple agencies and institutions and to manage and prevent such problems as substance abuse, school drop-out, and child abuse. Throughout, therapeutic and ethical guidelines are illustrated by extensive clinical case material. The book is ideal for those already doing home-based work, as well as those who would like to incorporate it into their practice.

## Book Information

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## Customer Reviews

"This is a powerful, thorough, and extremely relevant book. It will prove to be an essential graduate-level text for instructors who are serious about training students to work with underserved populations. Boyd-Franklin and Bry have also done a tremendous service for working professionals in providing practical, meaningful guidelines for establishing and deepening linkages to client

families' communities. Exceptional coverage includes working with families in crisis and intervention and prevention in schools." --James L. Karustis, PhD, Psychologist, Haverford Medical Center, Havertown, Pennsylvania "Reaching Out in Family Therapy is specific and practical in its discussion of home-based and community interventions, capturing the relationship between clinical work and culture, race, and ethnicity. The book teaches theory and technique at the same time that it serves as a practical manual. This is a rich resource for today's clinician who would venture into the real world of clients, particularly ethnic and racial minorities." --Harry J. Aponte, MSW, author of Bread and Spirit"A sure winner. This book is a hands-on, ready reference that gives family workers explicit instruction on how to successfully engage with parents, children, and adolescents in the home, school, and community. The authors explain how families, overwhelmed by poverty, racism, violence, or other stressors, may become alienated from needed support. Therapists learn to bond with these 'difficult' families and help them navigate the maze of complex systems in which they are embedded. Enhancing the therapist's work and involvement, this book will be invaluable in the education and training of family therapists and social workers. Truly a gift." --Elaine Pinderhughes, MSW, Professor Emeritus, Boston College Graduate School of Social Work"This volume should be read by everyone working with families. It provides a practical, clear framework for multisystems intervention at the individual, family, community, and agency levels, with special attention to the needs of children and adolescents. Drawing carefully on the literature to back up their ideas, the authors bring many years of experience as clinicians and educators to this book. Without oversimplifying the difficult lives of the families they serve, they present thoughtful, resourceful, and manageable suggestions for practice. This is a hopeful, positive, and essential guide." --Monica McGoldrick, LCSW, PhD (h.c.), Family Institute of New Jersey "An exciting primer for change through multi-systemic interventions....Students will find in it a primary text for understanding the interrelationships among theory, practice, and supporting research, as well as for learning clear, step-by-step technique. It will help seasoned clinicians refine their craft and reinvigorate their commitment to change. Supervisors will find tips on providing focused guidance to their charges. And program directors can look to this book for a grounded, workable, hope-infused system of change for vulnerable families." (Readings 2001-03-02)

A sure winner. This book is a hands-on, ready reference that gives family workers explicit instruction on how to successfully engage with parents and children in the home, school, and community. The authors explain how families, overwhelmed by poverty, racism, violence, or other stressors, may become alienated from needed support. Therapists learn to bond with these 'difficult' families and

help them navigate the maze of complex systems in which they are embedded....This book will be invaluable in the education and training of family therapists and social workers (Elaine Pinderhughes, MSW, Professor Emeritus, Boston College Graduate School of Social Work). --This text refers to the Digital edition.

This was a required text for a practice class in social work. By the end of the quarter, we managed to convince the professor to stop using this book. Why? Well, it's probably one of the most racist texts I have read in my program. The irony is that the author is African American, yet she continues to perpetuate negative stereotypes toward African American clients. Whaaaaaat? It has to be read to be believed. The text was written in the early-2000s, which makes the content even more appalling. It is culturally insensitive, and, frankly, counterproductive to any social worker's or therapist's education. The author's definition of strengths-based therapy will blow your mind and does nothing to promote social justice. She basically advocates to maintain the status quo to continue treating minorities like second-class citizens, and to shrug off abuse (physical and mental) as just something that's culturally appropriate for African American families.

This book was a recommendation for social workers in graduate school. It is worth the cost and very insightful. The knowledge gained from the content will strengthen your abilities as a social worker.

Only halfway through and already fully satisfiedAddresses challenging issues in a thoughtful and effective mannerExcellent treatment of cultural relevance

I have not had a chance to read the book yet but it arrived to me in great shape. THANKS

I had to buy this book for a class but enjoyed it more than I thought I would. It is very informative and helpful for someone who is doing home-based family therapy.

In this tour de force, Boyd-Franklin and Bry present a wonderful working model for "home-based family therapy," which Madsen (2007) calls getting off "professional turf" and onto "family turf," leading to greater collaboration. Boyd-Franklin & Bry outline a three phase model, which has become the working model of our agency. The phases are: 1) the entire family, 2) an individual session with the "IP" (identified patient) or a sub-system, and 3) meet again with the entire family. While this is intensive on clinicians (2+ hours/per week/per family), after four months you can

terminate with a "vastly, vastly improved" client system. There's lots of good "evidence-based treatment" (EBT) research to back this up, but regrettably agencies look at the "real client" - \$\$\$ (the third-party payer) - and choose in his favor. So, if you're more interested in helping families than serving managed care or the government, this book is a good start. For its low price, you can't beat it!

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